UPSC GURUS
EMPOWERING ASPIRANTS

SOCIOLOGY OPTIONAL · PAPER I AND PAPER II

Sociology School
Course, tests and daily writing

A complete Sociology Optional programme for both papers, guided personally by Guranchal Ma'am, an alumna of the Delhi School of Economics and UGC NET qualified in Sociology: syllabus-ordered lectures, notes, PYQs, evaluated tests and daily answer writing.

- 500 marks: Paper I + Paper II
- Personal session after every test
- Next test-series batch: 1 November 2026
- Sociology School lectures begin 6 December 2026

upscgurus.in/sociology · WhatsApp 81220 02172 · upscgurus@gmail.com

WHY SOCIOLOGY OPTIONAL

A subject that prepares you for the examination and for the service

Sociology Optional carries 500 marks. Paper I covers the fundamentals of sociology, including theory, research methods, institutions and social change; Paper II examines Indian society, its structures and transformations. It overlaps directly with GS Paper I, the Essay and the Interview, so preparing it well prepares several parts of the examination at once. The marks come from writing: bringing Weber, Durkheim or Ambedkar into a Paper II answer so that it feels organic, not borrowed. That skill is built through practice, evaluation and personal mentoring.

OVERLAP

GS, Essay, Interview

A direct, compounding advantage across papers.

APPLICATION

Thinkers to Indian realities

Theory applied to Indian society, the way Paper II asks.

WRITING

Where the marks are made

Practice, written feedback and integration.

YOUR MENTOR

Guranchal Ma'am, Founder, UPSC Gurus. Sociology is her own academic discipline: Miranda House and the Delhi School of Economics, UGC NET qualified in Economics and Sociology, and over eight years of guiding UPSC aspirants. The free Sociology Optional course on the UPSC Gurus YouTube channel is taught by her.

Her focus is the step most aspirants find hardest: moving from knowing a thinker to using one. In your personal session after every test she reads how you wrote, not only what you wrote.

Start free. The complete Sociology Optional video course is free on YouTube. Sociology School adds an organised learning sequence, downloadable notes, PYQ discussions, answer-writing frameworks and monthly doubt-clearing.

A NOTE FROM THE FOUNDER

> Sociology is the only discipline that studies society by refusing to take it for granted. That refusal is exactly the thinking the examination rewards. It is also what I teach.
>
> **Guranchal Ma'am · Founder, UPSC Gurus**

SOCIOLOGY SCHOOL

The full syllabus. Connected thinking. Clearer answers.

Study Paper I and Paper II in a clear sequence: from foundational concepts and thinkers to Indian society, to their use in GS Paper I and the Essay, and finally to the written answer. Return to any lecture as often as you need, work with downloadable notes and previous years' questions, and bring your doubts to a live class with Guranchal Ma'am every month.

Lectures begin on Sunday, 6 December 2026. New units are added every week until both papers are complete. Enrolment is open now; if you enrol later, you can access every unit already released and follow the weekly releases.

#	Order	Units covered (UPSC syllabus)
1	Paper I	**Foundations** · Sociology: the discipline; sociology as science; research methods and analysis.
2	Paper I	**Sociological thinkers** · Marx, Weber, Durkheim, Parsons, Merton and Mead, and how to use them in answers.
3	Paper I	**Society and its institutions** · Stratification and mobility; works and economic life; politics and society; religion and society; systems of kinship; social change in modern society.
4	Paper II	**Introducing Indian society** · Perspectives on the study of Indian society; impact of colonial rule.
5	Paper II	**Social structure** · Rural and agrarian structure; caste system; tribal communities; social classes; kinship; religion and society.
6	Paper II	**Social changes in India** · Visions of social change; rural and agrarian transformation; industrialisation and urbanisation; politics and society; social movements; population dynamics; challenges of social transformation.

Foundation

₹11,999

final fee, including GST

- Lectures for Paper I and Paper II, unit by unit
- Downloadable unit-wise PDF notes
- Topic-wise discussion of PYQs
- Answer-writing frameworks and model answers
- Monthly live doubt-clearing class
- Valid 2 years from enrolment

Guided Practice

₹17,499

final fee, including GST

- Everything in Foundation
- 4 full-length tests, Paper I and II
- Model answers and written evaluation
- Group discussion class per test
- 30-minute personal session per test

Comprehensive Practice

₹25,999

final fee, including GST

- Everything in Foundation
- 12 tests: 8 sectional + 4 full-length
- Model answers and written evaluation
- Group discussion class per test
- 30-minute personal session per test

Upgrade at any time by paying only the difference. Already in the Sociology Test Series? Add Sociology School by paying only the difference.

SOCIOLOGY OPTIONAL TEST SERIES

The only way to know how you write is to write and be told

1
Test released
A UPSC-standard paper, sectional or full-length.

2
You write
Under real exam conditions, then submit.

3
Evaluation
Model answers and detailed written evaluation.

4
Discussion class
A group class on the paper and the standard expected.

5
Personal session
30 minutes online with Guranchal Ma'am.

From batch start	Test and syllabus (Full Series)
Week 1	**Sectional 1 · Paper I ·** Sociology: the discipline; sociology as science; research methods and analysis
Week 3	**Sectional 2 · Paper II ·** Introducing Indian society; rural and agrarian structure; caste system
Week 5	**Sectional 3 · Paper I ·** Sociological thinkers: Marx, Weber, Durkheim, Parsons, Merton, Mead
Week 7	**Sectional 4 · Paper II ·** Tribal communities; social classes; kinship; religion and society
Week 9	**Sectional 5 · Paper I ·** Stratification and mobility; works and economic life; politics and society
Week 11	**Sectional 6 · Paper II ·** Visions of social change; rural and agrarian transformation; industrialisation and urbanisation
Week 13	**Sectional 7 · Paper I ·** Religion and society; systems of kinship; social change in modern society
Week 15	**Sectional 8 · Paper II ·** Politics and society; social movements; population dynamics; challenges of social transformation
Week 17	**Full-length 1 · Paper I ·** Complete Paper I, a separate 250-mark, three-hour paper
Week 19	**Full-length 2 · Paper II ·** Complete Paper II, a separate 250-mark, three-hour paper
Week 21	**Full-length 3 · Paper I ·** Complete Paper I
Week 23	**Full-length 4 · Paper II ·** Complete Paper II, final rehearsal

Advance Series (8 tests): weeks 1, 3, 5 and 7: four sectionals that combine Full Sectionals 1 and 3 (Paper I), 2 and 4 (Paper II), 5 and 7 (Paper I), and 6 and 8 (Paper II); weeks 9, 11, 13 and 15: full-length Paper I, Paper II, Paper I, Paper II.
Standard Series (4 tests): weeks 1, 3, 5 and 7: full-length Paper I, Paper II, Paper I, Paper II.
Every plan starts with its first test within one week of your batch date. The test series can begin before the Sociology School lectures launch.

TEST SERIES PLANS

Choose how much you want to write

Standard Test Series

₹5,999

final fee, including GST · ₹1,500 a test

- 4 full-length tests, Paper I and II
- Model answers and written evaluation
- Group discussion class per test
- 30-minute personal session per test
- Valid 2 years, rejoin across cycles

Advance Test Series

₹11,499

final fee, including GST · ₹1,437 a test

- 4 sectional + 4 full-length tests
- Model answers and written evaluation
- Group discussion class per test
- 8 personal sessions
- Valid 2 years, rejoin across cycles

Full Test Series

₹16,599

final fee, including GST · ₹1,383 a test

- 8 sectional + 4 full-length tests
- Model answers and written evaluation
- Group discussion class per test
- 12 personal sessions
- Valid 2 years, rejoin across cycles

SOCIOLOGY DAILY ANSWER WRITING

Sociology rewards the aspirant who writes every day

Two questions every morning, Monday to Friday: one from Paper I and one from Paper II. Model answers the same day, written evaluation on every answer, and a 30-minute personal session with Guranchal Ma'am every week. Weekends are for revision and reflection.

1 Week

₹849

final fee, including GST

- 10 questions with model answers
- Written evaluation on all answers
- 1 personal session
- Join any number of times

1 Month

₹2,999

final fee, including GST

- 40 questions with model answers
- Written evaluation on all answers
- 4 personal sessions
- Join any number of times

3 Months

₹8,299

final fee, including GST

- 120 questions with model answers
- Written evaluation on all answers
- 12 personal sessions
- Join any number of times

ADMISSIONS OPEN

Batches, enrolment and next steps

Admissions are open. New batches begin on the first and third Sunday of every month.
Upcoming batches:

Sunday, 1 November 2026 | Sunday, 15 November 2026 | Sunday, 6 December 2026

Sunday, 20 December 2026 | Sunday, 3 January 2027 | Sunday, 17 January 2027

AFTER YOU ENROL

1. Choose your plan and pay securely online through Razorpay on upscgurus.in/sociology.
2. You receive confirmation and next-step instructions within 24 hours.
3. Your first test or first questions are released within one week.

Writing GS Mains too? The Mains + Optional bundle combines the Mains Full Test Series and the Sociology Full Test Series for ₹24,999.

GOOD TO KNOW

New to Sociology? Start with the free course on YouTube, then Sociology School gives you the structured sequence, notes and PYQs.

Can I join both the Test Series and Daily Answer Writing? Yes, they work well together.

Questions? Book a free first call: WhatsApp 81220 02172 · upscgurus@gmail.com. Fees and refunds follow the policy on upscgurus.in.